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Interpersonal Trauma and Hoarding: the Mediating Role of Aggression

Brittany M. Mathes^a, Amberly K. Portero^a, Brittany A. Gibby^a, Savannah L. King^b, Amanda M. Raines^c, Norman B. Schmidt^{a*}

^aDepartment of Psychology, Florida State University, 1107 West Call Street, Tallahassee, FL

^bDepartment of Psychology, University of Alabama, 745 Hackberry Lane, Tuscaloosa, AL

^cDepartment of Mental Health, Southeast Louisiana Veterans Health Care System, 1601 Perdido Street, New Orleans, LA

*Correspondence to: Department of Psychology, Florida State University, 1107 W. Call St., Tallahassee, FL 32306-4301 USA. Tel.: +850 645 1766; fax: +850 644 7739.

schmidt@psy.fsu.edu

Abstract

Background

A growing body of literature indicates that exposure to interpersonal trauma contributes to the onset or exacerbation of hoarding symptoms. However, little research has explored psychosocial factors that may help to explain the relationship between interpersonal trauma and hoarding symptoms. One outcome of trauma exposure that may be associated with hoarding symptoms is aggression, defined as the tendency to experience and express hostility and anger, and to engage in aggressive behavior. Therefore, the current study examined the relationship between hoarding and aggression, as well as the mediating role of aggression in the relationship between exposure to interpersonal trauma and hoarding symptoms.

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