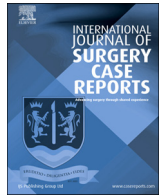




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Pancreatic disease, panniculitis, polyarthrititis syndrome successfully treated with total pancreatectomy: Case report and literature review

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ABSTRACT

INTRODUCTION: Pancreatic disease can be complicated by extrabdominal manifestations such as panniculitis and polyarthrititis. The symptomatic triad comprising pancreatic disease, panniculitis and polyarthrititis is also known as PPP syndrome and is characterized by severe chronic sequelae and high mortality rate. We describe a case of PPP syndrome successfully treated with spleen preserving total pancreatectomy; in addition we performed a literature review.

PRESENTATION OF CASE: A 67 years old male presented panniculitis and polyarthrititis without clinical abdominal symptoms. Clinical presentation, laboratory values and radiological findings demonstrated an acute pancreatitis and a pancreatic cancer was suspected; failure of conservatory treatments and high suspicion of malignancy led to perform a spleen preserving total pancreatectomy. Finally histological examination excluded a pancreatic cancer and confirmed a chronic pancreatitis. Patient was discharged with complete resolution of the extrabdominal disease.

DISCUSSION: In literature only 64 cases of PPP syndrome have been reported. Abdominal symptoms do not often appear at presentation and diagnosis may be delayed. Panniculitis develops in any part of the body but especially on the distal parts of the lower extremities, around the ankles and pretibial regions of the legs. Between osteo-articular manifestations polyarthrititis is the most common one, although oligoarthritis, and monoarthritis have been reported.

CONCLUSION: PPP syndrome is a rare disease with a high mortality rate. A timely diagnosis and an aggressive treatment may improve the prognosis of this condition.

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1. Introduction

The association between pancreatic disease, panniculitis and polyarthrititis was described for the first time by Boswell et al. in 1973 [1]. In the so called PPP (pancreatic disease, panniculitis and polyarthrititis) syndrome extrabdominal manifestation can predate or coincide with pancreatic disease and a prolonged misdiagnosis is frequent [2]. Pancreatitis and pancreatic cancer are the main causes of PPP syndrome [3], although other pancreatic diseases have been reported such as pancreatic disease [4], abdominal trauma, [5] and pancreas divisum [6]. Mortality rate is 24% when PPP syndrome is

caused by pancreatitis and 74% when associated with pancreatic cancer [3].

We present a case of PPP-syndrome in a patient with recurrent chronic pancreatitis and a suspected pancreatic head cancer, describing clinical and diagnostic characteristics. In addition we performed a literature search (PubMed database, National Library of Medicine, Bethesda, MD) using MEDLINE subheadings and key words “pancreatic carcinoma” or “pancreatitis” or “pancreatic disease” or “panniculitis” or “subcutaneous fat necrosis” and “arthrititis.” Only English; Spanish and French language reports were selected.

2. Case report

A 67-year-old male was admitted presenting multiple painful tender subcutaneous nodules on trunk, arms and legs. He referred

Abbreviation: PPP syndrome, Pancreatic disease, panniculitis and polyarthrititis.

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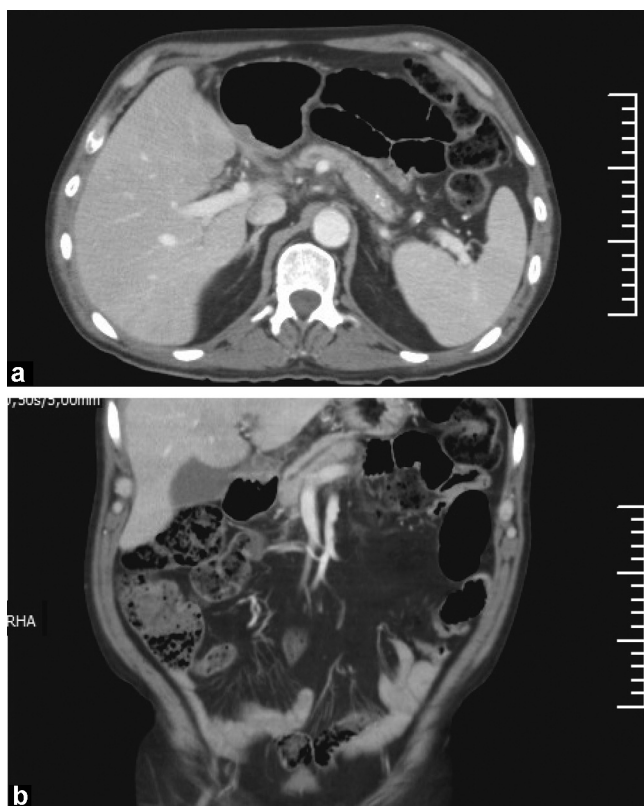


Fig. 1.

neither pain nor fever. In his medical history he reported an alcoholic abuse and an alcoholic chronic pancreatitis within 3 episodes of acute pancreatitis. Initial investigations revealed hemoglobin level of 12.2 g/dl, normal white blood cells and platelet count, an elevated C-reactive protein of 153 mg/L, serum level amylase of 4544 IU/mL and lipase level of 3885 IU/mL. A CT scan showed an acute pancreatitis with enlargement of pancreatic head in a context of chronic pancreatitis. Skin biopsy revealed a lobular panniculitis with extensive fat necrosis and areas of saponification. On standard culture an *E. Coli* was isolated. After 2 weeks of parenteral nutrition, octreotide infusion and antibiotic therapy a clinic improvement of skin lesions and a normalization of pancreatic enzyme levels were observed. The patient was discharged with a diagnosis of pancreatic panniculitis.

Patient was readmitted to the hospital 30 days after discharge for panniculitis recurrence and acute arthritis of hands and feet with complete functional impairment. During hospitalization also ankles, knees and right wrist presented signs of acute arthritis that require surgical drainage. MRI findings showed synovitis with thickening of synovium in the affected joints and intramedullary fat necrosis of adjacent bone segments. The synovial fluid analysis demonstrated a pancreatic necrosis with negative gram staining and serial cultures. No clinical improvement with FANS and corticoid treatment was observed after two week of treatment.

Abdominal CT scan demonstrated an acute pancreatitis complicating a chronic pancreatic disease (Fig. 1). Pancreatic study was completed by an abdominal MRI that confirmed pancreatitis (Fig. 2). Additionally on ecoendoscopy EUS FNA was performed with inconclusive result. Therefore, due to the symptoms persistence and the worsening of the extrabominal disease despite the remission of pancreatitis a clinical suspicious of pancreatic cancer was planned and lead to performed a surgical resection.

Intraoperatively, a steatonecrosis area in the epiploic retrocavity was found, extending from the posterior wall of the stomach to

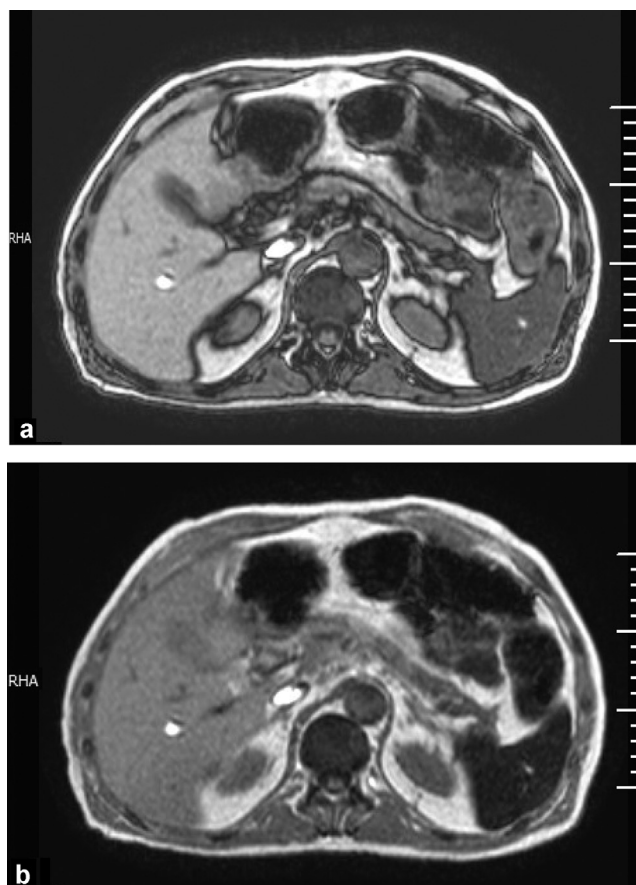


Fig. 2.

the ventral surface of the transverse colon: pancreatic gland was atrophic with diffuse peripancreatic inflammation reaction that caused difficult anatomic identification of vascular structures.

Splenic artery and vein are identified and dissected from the pancreatic tail and pancreas is mobilized until celiac trunk. Hepatic and left gastric artery are dissected. Finally mesenteric-portal axis is isolated and a spleen preserving total pancreatectomy performed. Histologic examination excluded a malign disease and confirmed a chronic pancreatitis.

The patient underwent rapid clinical improvement with resolution of cutaneous lesions. Before discharged MRI feet showed an improvement of widespread bone marrow signal abnormality and a partial resolution of bone fat necrosis. Clinically, osteo-articular manifestation persisted during 6 months.

He was discharged in good condition on the 16nd postoperative day; currently, at 4 years of follow up, the patient is asymptomatic with a complete resolution of panniculitis and an important improvement of the affected joints, with a residual chronic pain of right knee and wrist.

3. Discussion

The pathogenesis of PPP syndrome is not clear. Pancreatic diseases determinate an increased in the bloodstream of pancreatic enzymes that lead to saponification of fatty tissues such as subcutaneous fat or bone marrow. These enzymes may enter into the systemic circulation via the thoracic duct or portal circulation or via lymphatic channels [3]. Also individual susceptibility has been involved in the pathogenesis of this syndrome, in case of alpha-1 antitrypsin deficiency [7,8] or to a low levels of alpha-2 macroglobulin, that cause an increase of hematic trypsin

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