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Exercise enhances cognitive function and neurotrophin expression in the hippocampus accompanied by changes in epigenetic programming in senescence-accelerated mice

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**Key words:** neurotrophin; exercise; aging; hippocampus; epigenetics

### **Highlights**

- Long term exercise improves cognitive function in the senescence-accelerated mice.
- Long term exercise enhances the expression of BDNF in the hippocampus.
- Long term exercise downregulates the expression of p75 in the hippocampus.
- Exercise induced an increase in activity of acetyltransferase and histone deacetylase.

Abstract

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