

Accepted Manuscript

The patella: A mechanical determinant of coordination during vertical jumping

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PII: S0022-5193(18)30127-9
DOI: [10.1016/j.jtbi.2018.03.013](https://doi.org/10.1016/j.jtbi.2018.03.013)
Reference: YJTBI 9390



To appear in: *Journal of Theoretical Biology*

Received date: 1 August 2017
Revised date: 1 February 2018
Accepted date: 12 March 2018

Please cite this article as: Daniel John Cleather , The patella: A mechanical determinant of coordination during vertical jumping, *Journal of Theoretical Biology* (2018), doi: [10.1016/j.jtbi.2018.03.013](https://doi.org/10.1016/j.jtbi.2018.03.013)

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Highlights

- The geometry of the patellar mechanism changes as the knee extends
- A femoral to tibial pattern of moment production is seen during vertical jumping
- The changing geometry of the patella can explain 93% of the variance in the pattern
- Mechanical considerations are important in the organisation of movement

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