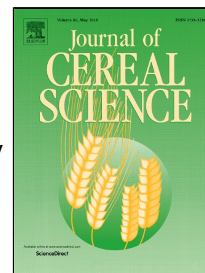


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Breads fortified with wholegrain cereals and seeds as source of antioxidant dietary fibre and other bioactive compounds



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16 **ABBREVIATIONS**

17 AA Antioxidant activity; Ara Arabinose; BPC Bound phenolic compounds; DF Dietary
18 fibre; DP Degree of polymerization; FOS Fructooligosaccharides; FPC Free phenolic
19 compounds; FRAP Ferric reducing antioxidant power; Gal Galactose; Glu Glucose;
20 RFOs raffinose family oligosaccharides; IDF Insoluble dietary fibre; Man Mannose; nd
21 non detected; NSSC Non-structural soluble carbohydrates; ORAC Oxygen radical
22 absorbance capacity; PC Phenolic compounds; SDF Soluble dietary fibre; TDF Total
23 Dietary fibre; TEAC Trolox equivalent antioxidant capacity; TPC Total phenolic
24 compounds; UA Uronic acid; Xyl Xylose

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