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Tartary buckwheat malt as ingredient of gluten-free cookies

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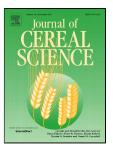
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Highlights

- Composition of phenolics in tartary buckwheat malt was studied.
- Major inducible phenolics were quercetin orientin, vitexin, and rutin.
- Antioxidant capacity of buckwheat seeds was positively affected by malting.
- Tartary Malt Cookies (TMC) 70:30 rice flour and buckwheat malt were produced.
- TMC have a higher phenols content, antioxidant capacity, and lower glycemic index.

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