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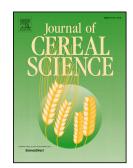
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Rice ripened at lower temperature slows firming of bread

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- 10 Key words: Amylopectin; Bread firming; Firming rate; Rice bread

11 Abstract

- 12 Firming of bread after baking leads to waste due to loss of palatability. Firming is affected
- 13 mainly by amylopectin, a starch component. Here, we found that the firming rate of rice bread
- 14 can be slowed by using flour made from rice grains which filled at lower temperatures,
- 15 because temperature during grain filling (TGF) affects amylopectin chain synthesis. We found
- 16 significant positive correlations between TGF and firming rate of gluten-containing rice bread
- 17 (rice flour 80% + wheat gluten 20%) and rice-flour-containing wheat bread (wheat flour 80%
- 18 + rice flour 20%) made from samples of rice grains filled at 21.0 to 28.3 °C. Regressions
- 19 indicate that if TGF is decreased from 27 to 22 °C, the shelf life of gluten-containing rice
- 20 bread will be extended by about 150%, and that of rice-flour-containing wheat bread by about
- 21 50%. The slow-firming effect was confirmed by sensory tests. This result is potentially
- 22 applicable to other cereals such as wheat, whose amylopectin structure is also affected by
- 23 TGF.
- 24 Abbreviations: DP, degree of polymerization; TGF, Temperature during grain filling

25 1. Introduction

- Much bread is wasted owing to the loss of palatability after baking: in some countries, more than 20% of bread is wasted (Jörissen et al., 2015; Quested et al., 2013). Bread firming is one of the most important contributing factors. Reducing bread firming would extend bread shelf life, with great benefit to the bread industry and consumers.
- Extensive research has been conducted to reveal the molecular basis of bread firming
 (Fadda et al., 2014). Starch, composed of amylose and amylopectin, plays a major role.

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