Accepted Manuscript

Design and application of a passive modified atmosphere packaging for maintaining the freshness of Chinese cabbage

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PII: S0023-6438(18)30342-6

DOI: 10.1016/j.lwt.2018.04.036

Reference: YFSTL 7047

To appear in: LWT - Food Science and Technology

Received Date: 23 November 2017

Revised Date: 10 April 2018 Accepted Date: 13 April 2018

Please cite this article as: Yang, D., Li, D., Xu, W., Liao, R., Shi, J., Fu, Y., Wang, J., Wang, Y., He, X., Design and application of a passive modified atmosphere packaging for maintaining the freshness of Chinese cabbage, *LWT - Food Science and Technology* (2018), doi: 10.1016/j.lwt.2018.04.036.

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packaging for maintaining the freshness of Chinese cabbage 2

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7 **Abstract**

1

- We designed two types of passive modified atmosphere packaging (PMAP) on the basis of 8
- 9 mult-piece films integration design using films A (films with high water vapor transmission rate)
- 10 and E (films with high oxygen transmission rate (OTR) and high carbon dioxide transmission rate)
- 11 as raw materials. The two types of PMAP were evaluated for their influence on headspace gas in
- 12 packaging and appearance quality, vitamin C, soluble solid content, and water loss in Chinese
- 13 cabbage (Brassica rapa). Results show that PMAP can effectively delay the respiration of Chinese
- cabbage, thereby reducing nutrient loss, maintaining appearance quality, avoiding fog, and 14
- 15 extending storage time from two to five days at room temperature.
- 16 Keywords: Chinese cabbage; passive modified atmosphere packaging; multi-piece films
- 17 integration design; high water vapor transmission rates

18 1 Introduction¹

- 19 Chinese cabbage is a variant of a cabbage subspecies of the species Brassica rapa under the
- 20 genus Brassica of the family Brassicaceae. Chinese cabbage is also called green vegetable and
- 21 little cabbage. The history of Chinese cabbage in China has been extensive. This vegetable is

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