Accepted Manuscript

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PII: S2468-7812(18)30026-2

DOI: 10.1016/j.msksp.2018.01.006

Reference: MSKSP 156

To appear in: Musculoskeletal Science and Practice

Received Date: 6 March 2017

Revised Date: 11 December 2017

Accepted Date: 11 January 2018

Please cite this article as: Jakobsen, M.D., Sundstrup, E., Brandt, M., Andersen, L.L., Effect of physical exercise on musculoskeletal pain in multiple body regions among healthcare workers: Secondary analysis of a cluster randomized controlled trial, *Musculoskeletal Science and Practice* (2018), doi: 10.1016/j.msksp.2018.01.006.

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ACCEPTED MANUSCRIPT

Effect of physical exercise on musculoskeletal pain in multiple body regions among healthcare workers: Secondary analysis of a cluster randomized controlled trial

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Short title: Effect of physical exercise on pain threshold and intensity

Acknowledgements

The authors thank Anne Zöega Kristensen, Jørgen Skotte and Klaus Hansen from the National Research Centre for the Working Environment for valuable technical assistance and support. Further thank goes to Reinhard Stelter and Ebbe Lavendt from the Coaching Psychology Unit, University of Copenhagen.

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