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Adopting the Quadruple Aim: The University of Rochester Medical Center Experience<sup>\*\*\*</sup>

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**Adopting the Quadruple Aim: The University of Rochester Medical Center Experience****Moving from Physician burnout to Physician Resilience**

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Among healthcare providers in academic centers

- Burnout is highest among providers who spend most of their time in clinical care.
- Lack of support, lack of respect and problems with work-life balance are most significant risk factors for burnout.
- Patient-care is most likely to provide a sense of meaning in their professional work..
- Adopting the quadruple aim at an institutional level should be a major focus in decreasing risk for burnout.

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