

Accepted Manuscript

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PII: S1728-869X(18)30129-1

DOI: [10.1016/j.jesf.2018.08.001](https://doi.org/10.1016/j.jesf.2018.08.001)

Reference: JESF 113

To appear in: *Journal of Exercise Science & Fitness*

Received Date: 24 April 2018

Revised Date: 19 June 2018

Accepted Date: 11 August 2018

Please cite this article as: Lee S, Schultz J, Timgren J, Staelgraeve K, Miller M, Liu Y, An electromyographic and kinetic comparison of conventional and Romanian deadlifts, *Journal of Exercise Science & Fitness* (2018), doi: 10.1016/j.jesf.2018.08.001.

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Research paper

An Electromyographic and Kinetic Comparison of Conventional and Romanian Deadlifts

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