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Gender differences in the prevalence and clinical correlates of sleep disturbance in general hospital outpatients

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Highlights

- Little is known about gender differences in the prevalence of sleep disturbance and related demographic and clinical characteristics.
- Divorced/widowed and unemployed status were independently associated with sleep disturbance in females, while educational level was independently associated with males only.
- Depressive symptoms and older age were the most common risk factors for sleep disturbance in both genders.

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