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Emotional intelligence, emotion regulation and affectivity in adults seeking treatment for obesity

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Highlights

- The relation between obesity and affectivity is not fully understood.
- This study examined the differences in affect-related variables among BMI classes.
- Subjects with obesity class III had worse affectivity than normal weight individuals.
- Results were independent of gender, education level and work status.
- More attention should be paid to affectivity for comprehensive treatment of obesity.

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