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Relapse/Recurrence Prevention in Major Depressive Disorder: 26-Month Follow-Up of Mindfulness-Based Cognitive Therapy Versus an Active Control

Amanda J. Shallcross, Emily C. Willroth, Aaron Fisher, Sona Dimidjian, James J. Gross, Pallavi D. Visvanathan, Iris B. Mauss

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Amanda J. Shallcross, New York University School of Medicine

Emily C. Willroth, University of California, Berkeley

Aaron Fisher, University of California, Berkeley

Sona Dimidjian, University of Colorado, Boulder

James J. Gross, Stanford University

Pallavi D. Visvanathan, Manhattan Mindfulness-Based Cognitive Behavioral Therapy

Iris B. Mauss, University of California, Berkeley

Amanda Shallcross

NYU, School of Medicine

227 E. 30th St. 6th Floor

New York, New York 10016

Email: amanda.shallcross@nyumc.org

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