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A Comparison of the Sensitivity and Specificity of Anthropometric Measurements to Predict Unhealthy Metabolic Phenotype in Overweight and Obese Women

Running Title: Resting Metabolic Rate, Respiratory Quotient and Dietary Energy Density

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Abstract

Aim Metabolically Healthy Obese (MHO) is called to obese people that their insulin sensitivity, lipid profiles and inflammatory profiles are favorable, and there are no signs of hypertension and cardio-metabolic diseases. The metabolically unhealthy obese (MUHO) is

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