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Stressful Life Events and Internalizing Symptoms in Emerging Adults:  
The Roles of Mindfulness and Gratitude

Erinn B. Duprey Ed.M. , Laura G. McKee Ph.D. ,  
Catherine W. O'Neal Ph.D. , Sara B. Algoe Ph.D.

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**Stressful Life Events and Internalizing Symptoms in Emerging Adults: The Roles of  
Mindfulness and Gratitude**

Erinn B. Duprey, Ed.M.<sup>1</sup>, Laura G. McKee, Ph.D.<sup>2</sup>, Catherine W. O'Neal, Ph.D.<sup>1</sup>, Sara B.  
Algoe, Ph.D.<sup>3</sup>

<sup>1</sup>Department of Human Development and Family Science, University of Georgia, 305 Sanford  
Drive, Athens, GA 30602, USA

<sup>2</sup>Department of Psychology, Georgia State University, PO Box 5010, Atlanta, GA 30302-5010,  
USA

<sup>3</sup>Department of Psychology and Neuroscience, University of North Carolina, 235 E. Cameron  
Avenue, Chapel Hill, NC 27599, USA

**Correspondence**

Correspondence regarding this article can be directed to Erinn B. Duprey, Department of  
Human Development and Family Science, University of Georgia, 305 Sanford Drive, Athens,  
GA 30602; Email: [erinn.duprey@uga.edu](mailto:erinn.duprey@uga.edu); Telephone: 706.542.4874

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