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## Local authority commissioning of NHS Health Checks: a regression analysis of the first three years

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### Highlights

- The English NHS health check programme aims to prevent morbidity and mortality
- In 2013, local authorities became responsible for health checks
- Higher expenditure is linked to higher invitation and coverage rates
- The amount spent does not influence uptake rates
- Opportunistic approaches may help improve uptake

### Abstract

In April 2013, the public health function was transferred from the NHS to local government, making local authorities (LAs) responsible for commissioning the NHS Health Check programme. The programme aims to reduce preventable mortality and morbidity in people aged 40 to 74.

The national five-year ambition is to invite all eligible individuals and to achieve an uptake of 75%. This study evaluates the effects of LA expenditure on the programme's invitation rates (the proportion of the eligible population invited to a health check), coverage rates (the

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