

## Research report

# $\alpha$ 1- and $\alpha$ 2-containing GABA<sub>A</sub> receptor modulation is not necessary for benzodiazepine-induced hyperphagia

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## ABSTRACT

Benzodiazepines increase food intake, an effect attributed to their ability to enhance palatability. We investigated which GABA<sub>A</sub> receptor subtypes may be involved in mediating benzodiazepine-induced hyperphagia. The role of the  $\alpha$ 2 subtype was investigated by observing the effects of midazolam, on the behavioural satiety sequence in mice with targeted deletion of the  $\alpha$ 2 gene ( $\alpha$ 2 knockout). Midazolam (0.125, 0.25 and 0.5 mg/kg) increased food intake and the amount of time spent feeding in  $\alpha$ 2 knockout mice, suggesting that BZ-induced hyperphagia does not involve  $\alpha$ 2-containing GABA<sub>A</sub> receptors. We further investigated the roles of  $\alpha$ 1- and  $\alpha$ 3-containing GABA<sub>A</sub> receptors in mediating BZ-induced hyperphagia. We treated  $\alpha$ 2(H101R) mice, in which  $\alpha$ 2-containing receptors are rendered benzodiazepine insensitive, with L-838417, a compound which acts as a partial agonist at  $\alpha$ 2-,  $\alpha$ 3- and  $\alpha$ 5-receptors but is inactive at  $\alpha$ 1-containing receptors. L-838417 (10 and 30 mg/kg) increased food intake and the time spent feeding in both wildtype and  $\alpha$ 2(H101R) mice, demonstrating that benzodiazepine-induced hyperphagia does not require  $\alpha$ 1- and  $\alpha$ 2-containing GABA<sub>A</sub> receptors. These observations, together with evidence against the involvement of  $\alpha$ 5-containing GABA<sub>A</sub> receptors, suggest that  $\alpha$ 3-containing receptors mediate BZ-induced hyperphagia in the mouse.

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## Introduction

Benzodiazepines (BZs) increase food consumption in a range of mammalian species, by enhancing the palatability of food (Berridge & Pecina, 1995; Berridge & Treit, 1986; Cooper & Yerbury, 1988). BZs bind to GABA<sub>A</sub> receptors (Mohler, 2006) which are pentameric protein structures, assembled from two  $\alpha$ 1,  $\alpha$ 2,  $\alpha$ 3 or  $\alpha$ 5 subunits or two different  $\alpha$  subunit forms (Benke et al., 2004), in combination with a  $\beta$  variant and the  $\gamma$ 2 subunit (Benke, Mertens, Trzeciak, Gillissen, & Mohler, 1991; Pritchett et al., 1989).  $\alpha$ 1-,  $\alpha$ 2-,  $\alpha$ 3- and  $\alpha$ 5-containing GABA<sub>A</sub> receptors are differentially expressed in brain regions, and consequently have different functional roles (Dias et al., 2005; Low et al., 2000; McKernan et al., 2000; Morris, Dawson, Reynolds, Atack, & Stephens, 2006; Rudolph et al., 1999). To date, it is unclear which GABA<sub>A</sub> subtypes mediate BZ-induced hyperphagia and so we investigated the roles of  $\alpha$ 1- and  $\alpha$ 2-containing receptors.

It is argued that, because BZ-induced hyperphagia is present in the absence of  $\alpha$ 1-mediated sedation, activation of the  $\alpha$ 1-containing GABA<sub>A</sub> receptor is not necessary for BZ-induced hyperphagia (Higgs & Cooper, 1996; Yerbury & Cooper, 1989). Consistent with this idea, zolpidem, an  $\alpha$ 1-preferring BZ agonist, does not induce hyperphagia in rodents (Davies et al., 1994; Perrault, Morel, Sanger, & Zivkovic, 1990; Yerbury & Cooper, 1989). However, the  $\alpha$ 1-preferring compounds, zolpidem and zaleplon significantly increased the intake of sucrose pellets in adult squirrel monkeys (Duke et al., 2006). This evidence suggests that the hyperphagic effects of zolpidem may be species dependent and may be due to the activation of  $\alpha$ 3- and/or  $\alpha$ 2-containing GABA<sub>A</sub> receptors, where zolpidem also acts as an agonist, despite having lower affinity for these subtypes compared to  $\alpha$ 1-containing receptors (Pritchett & Seeburg, 1990; Puia, Vicini, Seeburg, & Costa, 1991).

It is unlikely that  $\alpha$ 5-containing receptors are involved in BZ-induced hyperphagia. Although,  $\alpha$ 5 knockout mice showed reduced levels of operant responding for sucrose, the preferential  $\alpha$ 5 inverse agonist,  $\alpha$ 5IA-II, did not affect responding for sucrose under the same reinforcement schedule (Stephens, Pistovcakova, Worthing, Atack, & Dawson, 2005). Furthermore, the  $\alpha$ 5-preferring

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Abbreviations: BZ, benzodiazepine; PBN, parabrachial nucleus; PVN, paraventricular nucleus;  $\alpha$ 2 KO,  $\alpha$ 2 knockout; WT, wildtype.

**Table 1**Subtype selectivity of compounds which bind to the benzodiazepine site of GABA<sub>A</sub> receptors and the effects these drugs have on feeding behaviour.

Compound	Efficacy	GABA <sub>A</sub> subtype selectivity	Effects on feeding behaviour
Zolpidem	Agonist	Higher affinity (10-fold) at $\alpha 1$ - than at $\alpha 2$ - and $\alpha 3$ - and no affinity at $\alpha 5$ -containing receptors (Pritchett & Seeburg, 1990).	Increases the intake of sucrose pellets in adult squirrel monkeys (Duke et al., 2006), but does not increase food intake in rodents (Yerbury & Cooper, 1989).
$\alpha 5$ IA-II	Inverse agonist	Greater efficacy at $\alpha 5$ - than at $\alpha 1$ -, $\alpha 2$ - or $\alpha 3$ -containing GABA <sub>A</sub> receptors (Stephens et al., 2005).	Did not affect operant responding for sucrose in rodents (Stephens et al., 2005) or squirrel monkeys (Duke et al., 2006).
CGS 17867A	Agonist	Greater efficacy at $\alpha 2$ - and $\alpha 3$ - than at $\alpha 1$ -containing receptors (Mitchinson et al., 2004).	Increased consumption of palatable food in rats (Yerbury & Cooper, 1989).
Abecarnil	Agonist	Full agonist at $\alpha 1$ - and $\alpha 3$ - and partial agonist at $\alpha 2$ - and $\alpha 5$ -containing receptors (Knoflach et al., 1993).	Increases sucrose intake and palatability in rats (Cooper & Ridley, 2005).
Midazolam	Partial agonist	Partial agonist at $\alpha 1$ -, $\alpha 2$ -, $\alpha 3$ - and $\alpha 5$ -containing receptors.	Increases food intake in rats (Cooper & Yerbury, 1986; Higgs & Cooper, 1998).
Diazepam	Agonist	Full agonist at $\alpha 1$ -, $\alpha 2$ -, $\alpha 3$ - and $\alpha 5$ -containing receptors.	Increases food intake in mice (Dua & Sharma, 1995), rats (Cooper, 1980) and squirrel monkeys (Duke et al., 2006).
L-838417	Partial agonist	Partial agonist at $\alpha 2$ -, $\alpha 3$ - and $\alpha 5$ -containing receptors. Antagonist at $\alpha 1$ -containing receptors (McKernan et al., 2000).	Not known.

agonist, QH-ii-066 did not increase the intake of sucrose pellets in squirrel monkeys (Duke et al., 2006).

Cooper (2005) argued that the  $\alpha 2$  and/or  $\alpha 3$  GABA<sub>A</sub> receptor subtypes mediate BZ-induced hyperphagia. His view was based on the observation that CGS 17867A, a compound with significant efficacy at  $\alpha 2$ - and  $\alpha 3$ -containing subtypes and reduced efficacy at  $\alpha 1$ -receptors (Mitchinson et al., 2004), increased consumption of palatable food in non-deprived rats (Yerbury & Cooper, 1989). Furthermore, abecarnil, thought to act selectively as a full agonist at  $\alpha 1$ - and  $\alpha 3$ -containing GABA<sub>A</sub> receptors (Knoflach, Drescher, Scheurer, Malherbe, & Mohler, 1993; Pribilla et al., 1993), increases sucrose intake (Cooper & Ridley, 2005) providing further support for the involvement of the  $\alpha 3$  and/or  $\alpha 1$  subtype. Table 1 provides a summary of the subtype selective properties of the compounds discussed above and the effects they have on feeding behaviour.

The role of  $\alpha 1$ -,  $\alpha 2$ - and  $\alpha 3$ -containing GABA<sub>A</sub> receptors in mediating BZ-induced hyperphagia remains unclear. With the use of transgenic mice with BZ-insensitive  $\alpha 2$ -containing GABA<sub>A</sub> receptors and a subtype selective BZ which is inactive at  $\alpha 1$ - and  $\alpha 2$ -containing receptors. Firstly, to determine whether  $\alpha 2$ -containing GABA<sub>A</sub> receptors are involved in BZ-induced hyperphagia, we investigated whether the increase in food intake induced by the non-selective BZ midazolam (Cooper, Barber, Gilbert, & Moores, 1985; Cooper & Yerbury, 1986; Higgs & Cooper, 1996) was apparent in the absence of modulation of  $\alpha 2$ -containing receptors. We used  $\alpha 2$  knockout ( $\alpha 2$  KO) mice, in which the GABA<sub>A</sub> receptor  $\alpha 2$  gene encoding GABA<sub>A</sub>  $\alpha 2$  subunits is deleted (Dixon, Rosahl, & Stephens, 2008). Secondly, we investigated the role of  $\alpha 1$ -containing GABA<sub>A</sub> receptors using L-838417, a partial  $\alpha 2$ ,  $\alpha 3$  and  $\alpha 5$  agonist and an antagonist at  $\alpha 1$ -containing receptors (McKernan et al., 2000), in wildtype (WT) mice.

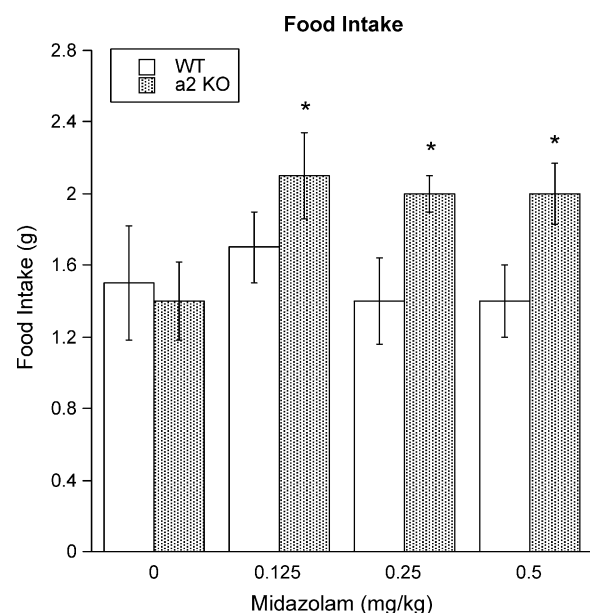
As with non-selective BZs, L-838417 is thought to be inactive at  $\alpha 4$ - and  $\alpha 6$ -containing GABA<sub>A</sub> receptors, where it has substantially reduced affinity (McKernan et al., 2000). Whilst BZ-sensitive GABA<sub>A</sub> receptors have a histidine residue at the drug-binding domain, BZ-insensitive  $\alpha 4$ - and  $\alpha 6$ -receptors have an arginine residue in the corresponding position (Wieland, Luddens, & Seeburg, 1992). Replacement of a histidine with an arginine residue at the BZ-binding site of  $\alpha 2$ -containing GABA<sub>A</sub> receptors in  $\alpha 2$ (H101R) mice, renders  $\alpha 2$ -receptors BZ-insensitive (Benson, Low, Keist, Mohler, & Rudolph, 1998; Dias et al., 2005). Thus, it is likely that L-838417 will have a considerably lower affinity at mutated  $\alpha 2$ -receptors and so its behavioural effects in  $\alpha 2$ (H101R) mice may be attributed to partial agonism of  $\alpha 3$ - and  $\alpha 5$ -containing receptors. Since  $\alpha 5$ -containing receptors are unlikely to play a significant role in BZ-induced hyperphagia (Duke et al.,

2006), an enhancement of food intake by L-838417 in  $\alpha 2$ (H101R) mice would also indicate a role for the  $\alpha 3$ -receptor.

## Method

### Animals

Twelve  $\alpha 2$  KO (Dixon et al., 2008) and 12 WT female mice were used in experiment 1, and 12  $\alpha 2$ (H101R) (Dias et al., 2005) and 12 WT, male and female mice, (6 of each sex) were used in experiment 2. All mice were bred from heterozygous parents supplied by Merck, Sharp and Dohme (Terlings Park, UK) on a mixed 50% C57BL6j–50% 129SvEv genetic background. Mice weighed between 23 and 34 g at the start of the experiment. The mice were singly housed in shoebox cages under a 12:12-h light/dark cycle (lights on at 7:00 AM). Room temperature was maintained at 19–21 °C and humidity was kept at 50 ± 10%. All mice had *ad libitum* access to food and water. Experiments were performed between 11:00 and 15:00. All experiments were authorised by the UK Animal (Scientific Procedures) Act 1986, following ethical review from the Local Ethical Review Committee at the University of Sussex.



**Fig. 1.** The effect of midazolam (0.125, 0.25 and 0.5 mg/kg) on food intake in  $\alpha 2$  KO and WT mice. All doses of midazolam increased food intake in  $\alpha 2$  KO, but not WT mice ( $p = 0.080$ ) \* $p < 0.05$ .

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