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Physiological linkage to an interaction partner is negatively associated with stability in sympathetic nervous system responding

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Highlights

- Linkage reflects how much people are physiologically influenced by others
- We examined whether linkage was related to physiological stability in 47 dyads
- We found a negative within-person correlation between linkage and stability
- The more people were influenced by their partners, the less stable they were
- Physiological linkage can come at a cost to people's own physiological stability

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