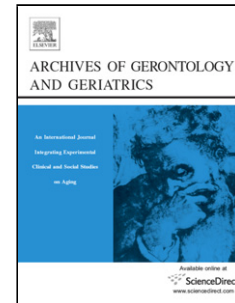


Accepted Manuscript

Title: STAGES OF SARCOPENIA AND THE INCIDENCE OF FALLS IN OLDER WOMEN: A PROSPECTIVE STUDY

Authors: André Bonadías Gadelha, Baruch Vainshelboim, Aparecido Pimentel Ferreira, Silvia Gonçalves Ricci Neri, Martim Bottaro, Ricardo M. Lima



PII: S0167-4943(18)30149-3
DOI: <https://doi.org/10.1016/j.archger.2018.07.014>
Reference: AGG 3721

To appear in: *Archives of Gerontology and Geriatrics*

Received date: 17-4-2018
Revised date: 26-6-2018
Accepted date: 19-7-2018

Please cite this article as: Gadelha AB, Vainshelboim B, Ferreira AP, Neri SGR, Bottaro M, Lima RM, STAGES OF SARCOPENIA AND THE INCIDENCE OF FALLS IN OLDER WOMEN: A PROSPECTIVE STUDY, *Archives of Gerontology and Geriatrics* (2018), <https://doi.org/10.1016/j.archger.2018.07.014>

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SHORT TITLE: STAGES OF SARCOPENIA AND FALLS

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Highlights

- Severe sarcopenia is independently associated with higher incidence of falls in older community-dwelling women.
- Simultaneous presence of reduced muscle mass, strength, and function is a major risk factor for falls that need to be properly identified in geriatric evaluation.
- Each stage of sarcopenia has clinical implications and might be an useful supplement to other routine falls risk assessment tools

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