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Obstetric Outcomes in a Mexican Cohort of Patients with AQP4-antibody-seropositive Neuromyelitis Optica.

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Highlights:

- Close to half of the patients with previous pregnancies reported at least one gestational loss. This percentage is higher than expected for their age group in our country.
- Most of these pregnancy losses occurred years before the diagnosis of NMO.
- AQP4-IgG can be detected in serum more than 10 years before the NMO onset and can cause miscarriage by binding to placental AQP4, activating complement, and causing inflammatory infiltration.

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